



**RESTITUTION  
SELF-DISCIPLINE  
&  
CONTROL THEORY  
WORKSHOPS**

**Revised May 3, 2010**

**Dept. of Ed  
Certification**

**Winnipeg, MB**

**August 23-26, 2010**

For more information or to organize an on-site day of Control Theory or Restitution please call  
204-782-0103 or 1-800-450-4352

**SEMINAR LEADERS**

**Diane Gossen**

Diane has taught Control Theory for the past 20 years throughout Canada, the United States, Europe and Asia. She has been a presenter for ASCD, Phi Delta Kappa Institute, the Austral-Asian Cooperative Learning Conference and International Reality Therapy Conferences. Diane served on the faculties of several universities and has done training for a broad range of school based programs, drug rehabilitation centers and correctional facilities. She is the author of *Restitution: Restructuring School Discipline, My Child Is A Pleasure* and is co-author with Judy Anderson of *Creating the Conditions: Leadership for Quality School* and most recently, *It's All About We*.

**Bruce Innes**

Bruce has been a life skills coach, social worker with sexual offenders, an elementary school teacher, literacy teacher for disadvantaged adults & an adult educator. He has presented Control Theory & Reality Therapy ideas for the past 15 years. He has his Masters in Adult Education and frequently speaks in Canada & the USA. His presentations are fun and light, while informative, combining theory with activity. A native of Newfoundland, he now resides in Kelowna, BC.

**Ruth Hargrave**

Ruth is presently self-employed, doing consulting and providing workshops for Restitution/Control Theory, as well as Developmental Teaching, Theraplay & Youth Leadership. Ruth has taught students from K-9, specializing in ELA and Guidance Counselling and most recently in Behavior Intervention with the Louis Riel S.D. She is presently enjoying educating teachers, parents, and students K-12 as well as University students.

**SEMINAR LEADERS**

**Joel Shimoji**

Joel has been teaching since 1986 in a variety of different assignments. Incorporating the elements of Restitution has rekindled his belief and passion for education. Joel has been facilitating workshops on Restitution since 2002 and has presented across Canada and U.S.A. His multi-media presentations and "stories from the classroom" help teachers to understand and apply Restitution into their personal and professional lives.

**Cindy Levesque-Brown**

Cindy has a passion for Restitution, teaching, children & coaching. Her experience is primarily with K-6 but she has taught grades 7-9 also. Cindy is a counselor and has over twenty years of teaching experience in all areas. She has presented numerous bilingual Restitution workshops to a variety of professionals, student teachers & parents. She enjoys sharing her Restitution journey as a teacher, Metis, and parent of 2 teenagers.

**Rebecca Gray**

Rebecca has worked as a social worker and foster parent in a treatment foster care program with MacDonald Youth Services, as social worker for Child and Family Services and as a School Behaviour Specialist. Presently she is employed by Rolling River School Division where she offers support and training to teachers and parents to assist them in dealing effectively with difficult children. Rebecca incorporates control theory into all her work, and teaches Restitution both in her work with individuals as well as with groups of teachers and parents.

**FOR MORE INFORMATION OR TO  
REGISTER CALL  
Summit Educational Resources**

**204-782-0103 or 1-800-450-4352**

**Comments About Restitution**

"RESTITUTION - a sensible way of working with students to solve problems."

*Alfie Kohn, author of  
Punished by Rewards and Beyond Discipline*

"RESTITUTION has made the children feel much better about themselves. They're stronger. They've become problem solvers. They're coming up with solutions on their own. *Lisa Vetrano  
School Counselor, North Carolina*

"As a model for classroom management, RESTITUTION is complete, it makes sense, and it will make a difference in the classroom."

*Dr. Paula Martin, Director, Institute for  
Professional Development, University of Central  
Florida*

"I have worked in education for many years and have seen countless trends come and go, but I have a different sense about this process. The reason is that it fits with our traditional Inuit knowledge – it comes from the heart."

*Department of Education Staff Member  
North West Territories*

Visit our web site to view our resource list at  
**[www.realrestitution.com](http://www.realrestitution.com)**

**RESTITUTION I – Introduction to Restitution Self-Discipline**

**MON & TUES, Aug 23-24, 2010**

(No Prerequisite)

Restitution promotes self-discipline in our students. It's a program that is being used by many schools all over the world, successful in building a team approach between home and school, solution- focused & effective in promoting a safe classroom environment. Restitution Self Discipline coordinates best practices into a unified approach. Get help with developing a Social Contract. Understand how Bottom Lines protect our beliefs. Changing our discipline paradigm is a major shift. It is a process. Restitution Self Discipline has tools to accomplish this.

**RESTITUTION II - Implementing Restitution**

(Prerequisite: Restitution I)

**MON & TUES, Aug 23-24, 2010**

This workshop is for participants who are currently experimenting with ideas of Restitution in their personal lives and at the classroom level. This course is designed to assist teachers and administrators to assess their current practices in their schools and ask themselves, "Is what we are doing now getting us what we want?" This course will outline the ways in which Restitution can impact on the system by using school beliefs.

**RESTITUTION III B – Restitution Elementary Teaching Strategies**

(Prerequisite: Restitution I)

**WED & THURS, Aug 25 & 26, 2010**

A two day practical, make and take workshop on how to teach students about Restitution. Teach students about basic needs, components of their behavior, how their brains works, how to work as a team to create a social contract, to define jobs, and to fix problems using the Restitution statements. Course includes materials & practical hands on activities, board games & songs that participants can take back to their classroom.

**RESTITUTION IVC – Communicating with Parents**

(Prerequisite: Restitution I)

**WED, August 25, 2010**

"Learn how to expand your use of Restitution Tools to the realm of working with parents. Practical strategies will be provided to help you deal with difficult situations that can arise between home and school and establish relationships that allow us to work together effectively towards common goals."

**CONTROL THEORY I (Basic)**

**Mon & Tues, Aug 23 & 24, 2010**

(No Prerequisite)

Control Theory I, is intended to be an introductory class for those with little or no exposure to Control Theory. Learn basic concepts of Control Theory and implementation strategies of Reality Therapy as outlined by William Glasser and Diane Gossen. Activities focus on how participants may apply these concepts and strategies in their personal and professional life.

**CONTROL THEORY II (Advanced)**

**Wed & Thurs, Aug. 24 & 25, 2010**

(Prerequisite: Control Theory I)

This course is designed to develop and refine skills in the application of Control Theory. Each participant will receive a manual for understanding Control Theory. Taught by Diane Gossen who was a senior instructor for the Wm Glasser Institute for 15 years. Will emphasize personal integration of the theory and active fun learning. Previous participants have appreciated the role play & feedback gained. Maximum of 16 participants will allow for individual feedback.

**RESTITUTION IVA– Implementation of Restitution for Middle & High School Students**

(Prerequisite: Restitution I)

**Wed, August 25, 2010**

A High School math teacher presents a one day workshop on how teachers can engage their students with the use of multimedia to learn Restitution and to integrate these concepts into their curriculum.

**Restitution & Control Theory Location, Times & Tuition**

**Times: 9:00 am-3:30 pm each day**

- RESTITUTION** .....– Mon-Tue, Aug.23-24
- RESTITUTION II**.....– Mon-Tue, Aug 23-24
- CONTROL THEORY I** .....– Mon-Tue, Aug 23-24
- CONTROL THEORY II**.....–Wed-Thurs Aug 25-26
- RESTITUTION IIB** .....– Wed-Thurs, Aug 25-26
- RESTITUTION IVA** .....– Wed, Aug 25
- RESTITUTION IVC** .....– Wed, Aug 25

**Location: Educational Support Services (Jameswood School) 1 Braintree Cres. Winnipeg, MB.**

**To Register, Mail to: Summit Educational Resources 526 Greenacre Blvd. Winnipeg, MB R3K 1B8**

**Phone: 204-782-0103  
Fax: 204-282-0249  
Email: [summiteducation@shaw.ca](mailto:summiteducation@shaw.ca)**

**Web Page [www.realrestitution.com](http://www.realrestitution.com)  
[www.summiteducation.ca](http://www.summiteducation.ca)**

- Tuition:**
- Restitution I - \$225.00
  - Restitution II - \$225.00
  - Restitution III B - \$200.00 (1 day only, \$100.00)
  - Restitution IVA - \$100.00
  - Restitution IVC - \$100.00
  - Control Theory I - \$225.00
  - Control Theory II - \$225.00

**Department of Ed Certification Confirmed for all 2 day Workshops in Restitution/Control Theory:**

- Level 1 & 2 Administrator
- Special Education
- School Counsellor

**Registration Form**

To register contact Summit Educational Resources, 526 Greenacre Blvd., Winnipeg, MB R3K 1B8 Phone or 204-782-0103 or 1-800-450-4352 or email [summiteducation@shaw.ca](mailto:summiteducation@shaw.ca) or [mcgunigal@yahoo.com](mailto:mcgunigal@yahoo.com)

Name \_\_\_\_\_  
 District: \_\_\_\_\_  
 School: \_\_\_\_\_  
 Grade: \_\_\_\_\_  
 Position: \_\_\_\_\_  
 Phone: w \_\_\_\_\_  
           h \_\_\_\_\_  
 E-mail: \_\_\_\_\_

I enclose \$225 for one of the following workshop:  
**Mon, Aug 23 & Tues, Aug 25, 2010**

- Restitution I (2 days 9-3:30)
- Restitution II (2 days 9-3:30)

I enclose \$225 for one of the following workshop:  
**Mon, Aug 23 & Tues, Aug 24, 2010**

- Control Theory I (2 days 9-3:30)

I enclose \$225 for one of the following workshop:  
**Wed, Aug 25 & Tues, Aug 26, 2010**

- Control Theory II (2 days 9-3:30)

I enclose \$100 for the following workshop:  
**Wed. Aug 25, 2010**

- Restitution IVA (1 day 9-3:30)
- Restitution IVC (1 day 9-3:30)

I enclose \$200 for the following workshop:  
**2 day Wed. & Thurs, Aug 25 & 26, 2010  
Or  
1 day only Aug 25 - \$100.**

- Restitution IIB (2 days 9-3:30)

Please make PO or cheque payable to  
*Summit Educational Resources*